



B A L T I C P A L A C E

BALTIC PALACE

Grunwaldzka 97
72-346 Pobierowo

+48 91 384 93 55, ext. 155
spa@baltic-palace.com

baltic-palace.com

created by jfk design | www.jfk-design.pl

SPA TREATMENT PRICE LIST

SPA MENU





FACIAL CARE

ACADEMIE VISAGE TREATMENTS

Treatments are selected individually according to the type and specific needs of the skin for improving its condition and ensuring a beautiful look. They combine the cleansing phase and peeling with application of deep-acting pure serum and mask, which stimulates regeneration of the skin and aids elimination of skin issues. The face massage performed during the treatment enhances the effectiveness of the preparations used and provides relaxation.

Depending on the type of skin, one of the following compositions is applied: Apricot Serenity / Earth Touch / Crystal Clarity / Delicate Touch / Lime Tree in Bloom / Tea Garden / Honey Temptation / Floral Meadow /

🕒 50 minutes _____ 190 PLN

INTENSIVE TREATMENT WITH A MODELLING MASK

The treatment gives a cold compress effect. The modelling mask envelops the skin, providing an instant feeling of freshness. During the treatment an ampule with concentrated active compounds selected specifically for the type and needs of the skin is applied. It is an anti-ageing treatment that will revitalise the skin and stimulate cell regeneration.

🕒 60 minutes _____ 280 PLN

OPTIMAL NOURISHMENT

A treatment recommended for dry and very dry skin. It generously moisturises and nourishes the skin, soothes irritation caused by drying and rebuilds the hydro-lipid coat. During the treatment peeling is administered to bring delicate, enjoyable warmth. Then, a facial massage is performed with the use of an oil combining precious plant oils, among others, argan oil and flax seed oil. The treatment ends with the application of cream mask containing sunflower oil and hazelnut oil, which deeply moisturise and nourish the skin.

🕒 75 minutes _____ 290 PLN



COLLAGEN MASK

Provides deep moisturising, smoothening and whitening effect for the skin. It smooths out wrinkles and tightens the skin, giving the feeling of a lift. This unique treatment provides spectacular effects even after the first time. The effects last for many weeks after the treatment. The collagen mask treatment is especially recommended before big events.

🕒 75 minutes _____ 360 PLN

EYE AREA CARE

Two specialist treatments are offered for the sensitive eye area. You can choose between a treatment for eye puffiness reduction and an anti-wrinkle treatment. The treatments provide spectacular results with safety guaranteed.

🕒 25 minutes _____ 120 PLN

RECOMMENDED

CLEANSING-ENERGISING TREATMENT FOR MEN

A treatment for every man. It is based on natural oak and birch extracts, which strengthen the male skin. It provides a soothing, cleansing and energising effect.

🕒 45 minutes _____ 170 PLN



BODY CARE

SATIN BODY

A relaxing treatment with sea salt crystals peeling. It leaves the skin thoroughly smooth and optimally moisturised with a pleasant scent.

🕒 40 minutes _____ 130 PLN

PERFECT FIRMNESS

A nourishing treatment for revitalising the skin and restoring its elasticity. A perfect treatment for women after pregnancy or those on a weight-loss diet. It restores firmness and elasticity of the skin, providing it with a youthful look.

🕒 60 minutes _____ 250 PLN

SLIMMING TREATMENT

An exceptional treatment during which the body is wrapped in a warm mask of slimming properties. A perfect combination of spectacular effects and therapeutic properties of algae.

🕒 60 minutes _____ 230 PLN

ZERO CELLULITE INTENSIVE FORMULA

A strong treatment for enduring cellulite, which owing to a thermal-slimming mask and the massage with the use of specialist products provides a noticeable cellulite reduction and shapes the body. It provides also a circumferential reduction and improves the condition of the skin in the waist, the buttocks and thighs.

🕒 75 minutes _____ 290 PLN

GOAT MILK - A SOOTHING AND REGENERATING RITUAL FOR DRY AND SENSITIVE SKIN

An enjoyable luxury ritual based on goat milk, which gently envelops the skin like a soft veil. Recommended especially for individuals with dry, sensitive or easily irritated skin (including irritation caused by overexposure to the sun), as well as for pregnant women

🕒 75 minutes _____ 170 PLN



MASSAGES

CLASSIC MASSAGE

The massage provides a pain-killing effect, improves tissue nutrition and muscle regeneration, regulates muscle tension, enhances muscle elasticity and flexibility, reduces fat tissue, speeds up metabolism, improves blood circulation and lymph flow.

🕒 55 minutes _____ 140 PLN

PARTIAL MASSAGE / NECK, SHOULDER AND BACK MASSAGE

The partial massage of a selected body part with the use of classic massage techniques. Relieves pain and tension.

🕒 25 minutes _____ 80 PLN

DEEP TISSUE MASSAGE

The basic aim of this massage is to remove myofascial tension. During the treatment moves are performed with utmost precision and at a very slow pace. The pressure is adjusted on individual basis in accordance to the level of tissue tension.

🕒 55 minutes _____ 180 PLN

SLIM AID MASSAGE

The massage aims at modelling and shaping the body, reducing cellulite and improving the condition of the skin.

🕒 45 minutes _____ 140 PLN

RECOMMENDED

TAILORED BALTIC PALACE MASSAGE

This massage is tailored to meet the individual needs of the client with the use of various techniques available. Its strength is adjusted to the treatment aim and the client's preferences. It removes muscle tension or provides energy to the tired body.

🕒 55 minutes _____ 230 PLN

🕒 75 minutes _____ 330 PLN

MASSAGE FOR PREGNANT WOMEN

Performed with the use of properly selected techniques, it has a highly beneficial effect on the well-being of the future mum, allowing her to experience this exceptional time in relaxation and harmony.

🕒 55 minutes _____ 130 PLN

RELAXATION MASSAGE

It is a special offer directed to everyone who is tired, busy, uptight and stressed. The aim of this massage is to loosen the body and provide complete relaxation.

🕒 55 minutes _____ 130 PLN

RITUAL CANDLE MASSAGE

The massage performed with the use of aromatic candle will bring comfort to the body and calm the nerves. The warm candle oil composed of natural waxes and a mixture of essential oils leaves the skin wonderfully moisturised, silky smooth and soft.

🕒 55 minutes _____ 220 PLN

RELAXING STAMP MASSAGE

Warming for the body and the senses, the treatment is based on Thai massage techniques. Tensed areas of the body are subject to a soothing massage with the use of warm stamps filled with a mixture of active compounds, Moroccan clay, oriental spices and fruits. The body and the mind enjoy full relaxation. The skin becomes radiant and brightened up.

🕒 55 minutes _____ 280 PLN

HOT ROCK MASSAGE

The hot rock massage has a beneficial influence on tired, stressed-out body and the mind. It is recommended for everyone who needs to calm down and relax to the core.

🕒 55 minutes _____ 210 PLN

WARM CHOCOLATE MASSAGE

A highly enjoyable treatment for smoothing the skin and providing it with vital components for nutritional and beauty benefits. The treatment triggers production of β -endorphins – the hormones of happiness, as well as reduces the symptoms of weariness and stress.

🕒 75 minutes _____ 240 PLN

FOOT MASSAGE WITH ACCUPRESSURE

Particularly recommended for individuals prone to overloading of their feet (e.g., due to work in a standing position, certain sports disciplines or obesity), as well as after a long-lasting physical effort or in a state of body exhaustion with no apparent cause.

🕒 45 minutes _____ 110 PLN



HAND & FOOT CARE

LUXURY MANICURE WITH SPA CARE RITUAL

This is a true therapy for hands and nails, which starts with peeling followed by a mask, which smooths the skin and makes it soft in touch. Before the care ritual a manicure is performed and ended with nail polishing.

🕒 60 minutes _____ 130 PLN

LUXURY PEDICURE WITH SPA CARE RITUAL

Pedicure spa is a therapy for tired feet that brings in-depth nutrition for the dry and damaged skin. It starts with peeling, then a foot massage is administered. The care ritual is preceded with a pedicure and followed by nail polishing.

🕒 75 minutes _____ 160 PLN

MANICURE WITH NAIL POLISHING

CLASSIC _____ 90 PLN

FRENCH _____ 110 PLN

PEDICURE WITH NAIL POLISHING

CLASSIC _____ 110 PLN

FRENCH _____ 130 PLN

NAIL POLISHING _____ 25 PLN



ADDITIONAL TREATMENTS

EYEBROW OR EYELASH TINTING _____ 25 PLN

EYEBROW & EYELASH TINTING
WITH TRIMMING _____ 30 PLN

EYEBROW TRIMMING _____ 20 PLN

PARTIAL WAXING (under lip, chin) _____ 20 PLN

PARTIAL WAXING (thighs, calves, arms) _____ 50 PLN

PARTIAL WAXING (bikini area, armpits) _____ 50 PLN

PARTIAL WAXING (back, chest) _____ 65 PLN

FULL LEG WAXING _____ 150 PLN

IMPORTANT INFORMATION

Treatments at the SPA centre should be booked preferably as soon as possible. This will allow us to select a date that is most suitable for you.

Reservations can be made via phone or personally with the SPA personnel.

We advise arriving early at the SPA centre ab. 5 minutes prior to the scheduled appointment in order to prepare yourself for the treatment.

We recommend that you come to the treatment wearing the bathrobe you will find in your room. At the SPA centre you will receive disposable underwear (you can also choose to wear your personal undergarments).

We advise removing makeup before attending facial treatments, since the time dedicated by the beautician to makeup removal shall be deducted from the precious time of your treatment.

Arriving late for the scheduled treatment will limit the time for your treatment.

Please take care to leave jewellery and other valuables in your room. The SPA staff shall not be held liable for any items left unattended.

After the treatment we will recommend branded home care products available at the Baltic Palace that will allow you to enjoy treatment results for a longer time.

CANCELLATION POLICY:

Appointment cancellation with at least 6 hours' notice – free.

Appointment cancellation with at least 3 hours' notice – the client shall be charged 50% costs of the cancelled treatment.

Appointment cancellation less than 3 hours before your treatment – the client shall be charged in full.

Failure to attend a scheduled treatment is also considered cancellation.